

Weekly Menu Heritage Hills Retirement Community



	Sun 02-09-2025	Mon 02-10-2025	Tue 02-11-2025	Wed 02-12-2025	Thu 02-13-2025	Fri 02-14-2025	Sat 02-15-2025
B R E A K F A S T	Assorted Donuts Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Egg and Ham Scramble Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Texas French Toast Egg of Choice Fresh Fruit 100% Juice	Fried Egg Sausage Link Fresh Fruit 100% Juice Blueberry Muffin	Bagel and Cream Cheese Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Pancakes Bacon Fresh Fruit 100% Juice	Hot Cereal Fresh Fruit 100% Juice Whole Grain Toast
L U N C H	Green Salad Meatloaf Garlic Roasted Potatoes Herb Sauteed Vegetables Baked Roll Chocolate Cream Pie	Chicken and Dumplings Whole Green Beans Baked Roll Fruit Cobbler	Green Salad Beef Chili Buttermilk Cornbread Corn Ice Cream	Classic Salisbury Steak and Gravy Garlic Herb Mashed Potatoes Mixed Vegetables Baked Roll Cheesecake with Fruit Topping	Sweet and Sour Chicken Basmati Rice Stir-Fry Vegetables Mandarin Orange Cake	Cheese Ravioli with Pasta Sauce Chef's Sauteed Vegetable Garlic Breadsticks Red Velvet Cupcakes	Green Salad Swedish Meatballs Buttered Noodles Chef's Steamed Vegetable Baked Roll Pineapple Raisin Carrot Cake
D I N E R	Chicken Patty Sandwich Ranch Potato Wedges Fall Fruit Salad Lettuce Tomato Plate Milk offered at every	Ham Salad on Rolls Baked Sweet Potato Fries Lemon Buttered Broccoli Chocolate Pudding meal	Baked Potato Soup Chicken Caesar Wrap Fruit Medley Baby Carrots	Open Face Turkey Sandwich with Gravy French Fries Capri Blend Homemade Cookie	Hot Roast Beef and Cheddar Sandwich Potato Chips Apple Slices California Blend	Classic Minestrone Soup Grilled Chicken Salad Grapes Baked Roll	Chicken BLT French Fries Fruit Green Beans Week 3