

## Weekly Menu Heritage Hills Retirement Community



	Sun 03-30-2025	Mon 03-31-2025	Tue 04-01-2025	Wed 04-02-2025	Thu 04-03-2025	Fri 04-04-2025	Sat 04-05-2025
B R E A K	Pancakes	Egg and Ham Scramble	Sausage Country Gravy and Biscuits	French Toast	Fried Egg x2	Belgian Waffle	Hot Cereal
	Bacon	Hash Browns		Sausage Link	Breakfast Ham	Egg of Choice	Bacon
	Fresh Fruit		Egg of Choice	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	100% Juice	Fresh Fruit	Fresh Fruit	100% Juice	100% Juice	100% Juice	100% Juice
AS		100% Juice	100% Juice	Milk	Muffin		
Т		Whole Grain Toast					
L U N C H	Green Salad	Buttermilk Baked	Green Salad	Turkey with	Chicken with Dijon	Shrimp Scampi	Green Salad
	Seasoned Pot Roast	Chicken or	Swiss Steak and	Mushroom Sauce	Sauce Rice Pilaf	<i>or</i> Vegetable Lasagna	Mozzarella Meatloaf
	Garlic Roasted	Oven Roasted Pork	Tomatoes	Glazed Hamburger	Steamed Broccoli	Buttered Pasta	Classic Mashed
	Potatoes	Fresh Cooked Yams	Buttered Noodles	Steak	Baked Roll	Chef's Steamed	Potatoes
	Harvard Beets	Seasoned Cabbage	French Cut Green Beans	Baked Potato		Vegetable	Seasoned Peas
	Baked Roll	Baked Roll	Baked Roll	Seasoned Zucchini	Pie of Choice	Garlic Breadsticks	Baked Roll
	Fresh Banana Cream	Cherry Cobbler		Cheesecake with		Fruit Crisp	Chocolate Cake
	Pie	•	Angel Food Cake	Chocolate Sauce			
D I N E R	Monterrey Ham	Broccoli Cheese	Italian Vegetable	Crab Salad Croissant	Cheeseburger	Cheese Pizza	Beef Barley Soup
	Hoagie	Soup	Soup	Onion Rings	Red Potato Salad	Garden Green Salad	Egg Salad Sandwich
	Chips	Peach Fruit Cup	Chicken Bacon Wrap	Orange Slices	Jello Salad	Ice Cream	California Blend
	Four Fruit Medley	Chef Salad	Chef's Steamed	Broccoli Salad	Lettuce Tomato Plate		Sugar Caalria
	Garlic Green Beans	Breadsticks	Vegetable				Sugar Cookie
			Butterscotch				
			Pudding				
	Milk offered at every meal Week 5						

Dietitian's Signature: Din Jagu 10-14-2024