

Weekly Menu Heritage Hills Retirement Community



	Sun 04-06-2025	Mon 04-07-2025	Tue 04-08-2025	Wed 04-09-2025	Thu 04-10-2025	Fri 04-11-2025	Sat 04-12-2025
B R E A K F A S T	Denver Omelet Hash Browns Fresh Fruit 100% Juice Whole Grain Toast	Pancakes Bacon Fresh Fruit 100% Juice Milk	Cheesy Scrambled Eggs Sausage Link Fresh Fruit 100% Juice Assorted Donuts	Cinnamon and Sugar Oatmeal Egg of Choice Fresh Fruit 100% Juice	Creamed Chipped Beef on Toast Fresh Fruit 100% Juice	French Toast Fresh Fruit 100% Juice	Egg Bacon Croissant Hash Browns Fresh Fruit 100% Juice Milk
L U N C H	Roasted Turkey Smashed Sweet Potatoes Brussels Sprouts Baked Roll Lemon Meringue Pie	Crispy Fried Chicken <i>or</i> Quiche Florentine Classic Mashed Potatoes Fresh Green Bean Casserole Baked Roll Blueberry Coffee Cake	Green Salad Chicken Penne Pasta Glazed Baby Carrots Baked Roll Black Forest Poke Cake	Roasted Pork with Apples <i>Or</i> Kielbasa and Kraut Parsley Potatoes Fresh Asparagus Baked Roll Apple Cobbler	Baked Sliced Ham Scalloped Potatoes Green Beans Baked Roll Banana Sheet Cake	Spaghetti and Meatballs <i>Or</i> Baked Salmon with Basil Cream Sauce Baked Sweet Potato Garden Green Salad Crusty Garlic Bread Fudge Brownie	Beef Stuffed Cabbage Classic Mashed Potatoes Mixed Vegetables Baked Roll Fruit Parfait
D I N E R	BBQ Pulled Pork Corn Chips Soft Fall Fruit Salad Coleslaw Milk offered at every	Classic Beef Stew House Green Salad Biscuit Sherbet	French Toast and Eggs Strawberries Sauteed Peppers and Onions	Chicken Patty Sandwich Macaroni and Cheese Orange Slices Stewed Tomatoes	Beef Noodle Soup Turkey Salad Sandwich Balsamic Tomato and Cucumbers Vanilla Pudding	Chicken Bacon Wrap Tater Tots Lemon Buttered Broccoli Baked Cinnamon Apples	French Bread Pizza Assorted Fruit House Green Salad No Bake Cookie Week 1