

## Weekly Menu

## Heritage Hills Retirement Community



B Cheesy Scrambled Eggs Hash Browns A Hash Browns K Pears 100% Juice S T Whole Grain Toast C Whole Grain Toast S T Whole Grain Toast S T Whole Grain Toast S T T Whole Grain Toast S A Jamondine Baked Roll Grandma's Apple Pic C C C C C C C C C C C C C C C C C C C		Sun 05-18-2025	Mon 05-19-2025	Tue 05-20-2025	Wed 05-21-2025	Thu 05-22-2025	Fri 05-23-2025	Sat 05-24-2025
Roast Or New England Pot Roast U U Roast C C Country Fried Steak with Gravy Or Roast C C C C C C C C C C C C C C C C C C C	R E A K F A S	Eggs Hash Browns Pears 100% Juice	Bacon Strawberries	Casserole Peaches 100% Juice	Toast Egg of Choice Grapes	Hash Browns Mandarin Oranges	with Eggs Sausage Link Banana Half 100% Juice	Gravy and Biscuits Fresh Pineapple
Sun Chips Sun Chips Blushing Peaches N Pickled Beets and Conions Pickled Beets and Conions Classic Lima Beans Fresh Berry Cup R Pasta Salad Chicken Salad and Crackers Pickle Spear Fresh Berry Cup Pasta Salad Cantaloupe Classic Taco Salad Cornbread Cornbread Cornbread Vegetarian Chili Swiss on Rye Chicken Salad and Crackers Pickle Spear Fresh Berry Cup Parmesan Churro Charge Slices	U N C H	Roast  Or  New England Pot Roast  Baked Potato  Green Beans Almondine  Baked Roll	Country Fried Steak with Gravy or Amish Chicken and Waffles Classic Mashed Potatoes Brussels Sprouts Baked Roll Chocolate Caramel	Chicken  or  Grilled Polish  Sausage  Macaroni and  Cheese  Grilled Garlic  Parmesan Zucchini  Baked Roll	Tuna Noodle Casserole or Baked Ham with Mango Salsa Mashed Yams Peas Baked Roll Classic Pineapple	Roasted Turkey Breast Buttered Noodles Glazed Baby Carrots Baked Roll	Crab Alfredo with Linguine Pork and Beans Caesar Salad Crusty Garlic Bread Cream Cheese	BBQ Pork Ribs  or  Honey Glazed  Meatballs  Herb Roasted Red  Potatoes  Country Trio Medley  Baked Roll
Milk offered at every meal Week 1	I N E R	Sun Chips Blushing Peaches Pickled Beets and Onions	Soup Grilled Ham and Cheese Sandwich Classic Lima Beans Ice Cream	Sandwich Steak Fries Roasted Mushrooms	Soup Chicken Salad and Crackers Fresh Berry Cup Parmesan	Pasta Salad Cantaloupe Pickle Spear	Vegetarian Chili Classic Taco Salad Cornbread	Swiss on Rye Tater Tots Chef's Steamed Vegetable