

## Weekly Menu

## Heritage Hills Retirement Community



	Sun 06-01-2025	Mon 06-02-2025	Tue 06-03-2025	Wed 06-04-2025	Thu 06-05-2025	Fri 06-06-2025	Sat 06-07-2025
B R E A K F A S T	Sausage Scramble Hash Browns Pears 100% Juice Whole Grain Toast	Eggs of Choice Corned Beef Hash Strawberry Fruit Cup 100% Juice Whole Grain Toast	Pancakes Bacon Applesauce 100% Juice	Chipped Beef Gravy Fresh Pineapple 100% Juice Biscuit	Waffles Breakfast Ham Banana Half 100% Juice	English Muffin Breakfast Sandwich Hash Browns Peaches 100% Juice	Hot Cereal Egg of Choice Fresh Blueberries 100% Juice Whole Grain Toast
L U N C H	Chicken Cordon Bleu  or  Roast Beef with Horseradish Gravy Classic Mashed Potatoes Capri Blend Baked Roll Lemon Bar	Mandarin Chicken  Or  Sweet and Sour Shrimp  Fried Rice Oriental Blend Baked Roll  Orange Creamsicle Bar	Traditional Lasagna  or  Chicken Alfredo Pasta  Italian Seasoned Green Beans  Garlic Bread  Key Lime Pie	Marinated Pork Roast Or Crunchy Onion Chicken Scalloped Potatoes Creamed Spinach Baked Roll Cheesecake	Green Salad  Baked Chicken Thigh with Chicken Gravy Or Beef and Noodles Parsley Noodles Seasoned Peas Strawberry Pie	Classic Meatloaf  Or  Baked Parmesan Fish  Garlic Herb Mashed Potatoes  Bacon Brussels Sprouts  Baked Roll  Fruit Crisp	Green Salad  Lemon Herb Turkey Roast with Gravy or Swedish Meatballs Basmati Rice Fresh Cooked Zucchini Yellow Cake
D I N E R	Vegetable Barley Soup Ham Salad on Rolls Mixed Vegetables Chocolate Vanilla Pudding Dessert	Roast Beef Sandwich  Tater Tots  Glazed Carrots  Tapioca Pudding	Beef Rice Soup  Monterrey Ham Hoagie Potato Chips  Lettuce Tomato Plate  Oatmeal Raisin Cookie	BBQ Sloppy Joe on a Bun Macaroni and Cheese California Blend Jello Cup	Broccoli Cheese Soup Sausage and Peppers Creamy Cucumber Salad Butterscotch Cream Pie	Hot Turkey Sandwich and Gravy French Fries Classic Lima Beans Angel Food Cake	Garden Tomato Soup Grilled Cheese with Bacon Coleslaw Classic Rice Krispies Treat
	Milk offered at every meal Week						

Dietitian's Signature:

Pin Jage 4-21-2025 610128