

Weekly Menu



Heritage Hills Retirement Community

B French Toast Sticks Ham Egg and Cheese Casserole Hash Browns A Fresh Fruit F 100% Juice Tomos 100% Juice Whole Grain Toast 100% Juice		Sun 07-20-2025	Mon 07-21-2025	Tue 07-22-2025	Wed 07-23-2025	Thu 07-24-2025	Fri 07-25-2025	Sat 07-26-2025
Stuffed Chicken or Marinated Flank Steak U U Caesar Salad Baked Roll Chocolate Meringue Pie Pineapple Bread Dessert Reuben Sandwich Chips Pickled Beets and N Onions Pickled Beets and N Onions Vanilla Pudding R Vanilla Pudding R Stuffed Chicken Or Baked Cod with Dill Sauce Mashed Potatoes and Gravy Carrot Green Bean Blend Baked Roll Carrot Green Bean Blend Baked Roll Cherry Pie Pashed Roll Chocolate Cupcake Pried Egg Sandwich Onions N Vanilla Pudding R Vanilla Pudding R Stuffed Chicken Mashed Potatoes and Chicken Corn Chasic Baked Ham AuGratin Potatoes Baked Sweet Potato Sauteed Summer Squash Baked Roll Chocolate Cupcake Pried Egg Sandwich Onions Chicken Corn Soup Or Roll Cherry Pie Pashed Roll Chocolate Cupcake Pried Egg Sandwich Onions Chicken Corn Soup Or Roll Chicken Corn Soup Sandwich Chicken Corn Soup Or Sandwich Potato Wedges Fritos Pickle Spear Lettuce Tomato Plate Sauce Classic Tuna Beans Fried Potatoes and Onions Orange Slices Sauteed Summer Squash Chocolate Cupcake Chicken Corn Soup Onions Sandwich Sandwich Chicken Corn Soup Onions Sandwich Chicken Corn Soup Onions Sandwich Sandwich Chicken Corn Soup Onions Sandwich Sandwich Chicken Corn Soup Onions Sandwich Sandwich Onions Sandwich Chicken Corn Soup Onions Sandwich Sandwich Onions Sandwich Onions Sandwich Saled Sweet Potato Sauteed Summer Squash Chocolate Cupcake Chocolate Cupc	R E A K F A S	Hash Browns Fresh Fruit	Cheese Casserole Pineapple Chunks 100% Juice	Scramble Hash Browns Apple Slices	Breakfast Potatoes Banana Half 100% Juice	Bacon Orange Slices	Egg of Choice Grapes	Waffles Bacon Strawberries
Chips Chips Pickled Beets and Onions Nover Barley Soup Potato Wedges Vanilla Pudding Reserved Barley Soup Potato Wedges Watermelon Cucumber Tomato Salad Potato Wedges Watermelon Cucumber Tomato Salad Orange Slices Sauteed Peppers and Conjours Sandwich Fried Potatoes and Onions Cucumber Tomato Sandwich Fried Potatoes and Onions Cucumber Tomato Sandwich Fried Potatoes and Onions Sunshine Jello Salad Sunshine Jello Salad Baked Cinnamon Deployers	U N C	Stuffed Chicken Or Marinated Flank Steak Baked Potato Caesar Salad Baked Roll Chocolate Meringue	Roasted Pork Loin with Pan Gravy or Creamy White Chicken Chili Parsley Rice Corn Fresh Cornbread Pineapple Bread	Baked Cod with Dill Sauce Mashed Potatoes and Gravy Carrot Green Bean Blend Baked Roll	Beef Kabob Or Pulled Pork Baked Sweet Potato Sauteed Summer Squash Baked Roll	Mushroom Gravy Or Classic Baked Ham AuGratin Potatoes Brussels Sprouts Baked Roll	Teriyaki Meatballs Or Honey Lemon Salmon Coconut Rice Hawaiian Roasted Vegetables	Breast Or Beef Cabbage Rolls Parsley Potatoes Seasoned Peas Baked Roll
Milk offered at every meal Week 5	I N N E	Chips Pickled Beets and Onions Vanilla Pudding	Barley Soup Classic Tuna Salad Sandwich Pickle Spear Ice Cream	Potato Wedges Watermelon Cucumber Tomato	on Bun Fried Potatoes and Onions Orange Slices Sauteed Peppers and Onions	Egg Salad Croissant Lettuce Tomato Plate	Sandwich Baked Sweet Potato Fries Lima Beans Baked Cinnamon	Fritos Pickle Spear