

## Weekly Menu



## Heritage Hills Retirement Community

	Sun 08-31-2025	Mon 09-01-2025	Tue 09-02-2025	Wed 09-03-2025	Thu 09-04-2025	Fri 09-05-2025	Sat 09-06-2025
B R E A K F A S T	Cheesy Scrambled Eggs Hash Browns Pears 100% Juice Whole Grain Toast	Buttermilk Pancakes  Bacon  Strawberries  100% Juice	Ham Breakfast Casserole Peaches 100% Juice Whole Grain Toast	Cinnamon French Toast Egg of Choice Grapes 100% Juice	Sausage Egg Muffin Hash Browns Mandarin Oranges 100% Juice	Sauteed Vegetables with Eggs Sausage Link Banana Half 100% Juice Whole Grain Toast	Sausage Country Gravy and Biscuits Fresh Pineapple 100% Juice
L U N C H		Cheeseburger 'N Fixin's Or All Beef Hot Dog Baked Macaroni Cheese Baked Beans Red, White and Blue Cupcakes	Italian Baked Chicken Or Grilled Polish Sausage Ranch Roasted Potatoes Grilled Garlic Parmesan Zucchini Baked Roll Berry Peach Crisp	Green Salad Cheese Ravioli with Pasta Sauce Or Baked Ham with Mango Salsa Mashed Yams Peas Baked Roll Classic Pineapple Upside Down Cake	Beef Tips Au Jus  Or  Roasted Turkey  Breast  Buttered Noodles  Glazed Baby Carrots  Baked Roll  Boston Cream Pie	BBQ Chicken Thigh  Or  BBQ Shrimp  Fried Potatoes and Onions  Caesar Salad  Crusty Garlic Bread  Assorted Desserts	Green Salad  Roasted Pork  Or  Honey Glazed  Meatballs  Herb Roasted Red  Potatoes  Country Trio Medley  Baked Roll  Chocolate Pudding
D I N E R	Chicken Bacon Wrap Sun Chips Blushing Peaches Pickled Beets and Onions Milk offered at every	Cream of Tomato Soup Grilled Ham and Cheese Sandwich Classic Lima Beans Ice Cream	Philly Cheesesteak Sandwich Steak Fries Roasted Mushrooms M&M Bars	Oyster Stew Club Sandwich Potato Chips Cantaloupe Pickle Chips	Cream of Broccoli Soup Chicken Salad and Crackers Fresh Berry Cup Parmesan Breadsticks	Beef Chili Cornbread Mexican Corn Churro	Corned Beef and Swiss on Rye Tater Tots Chef's Steamed Vegetable Orange Slices

Dietitian's Signature:

Pin Jage 4-21-2025 610/28