



	Sun 09-14-2025	Mon 09-15-2025	Tue 09-16-2025	Wed 09-17-2025	Thu 09-18-2025	Fri 09-19-2025	Sat 09-20-2025
B R E A K F A S T	Sausage Scramble Hash Browns Pears 100% Juice Whole Grain Toast	Eggs of Choice Breakfast Ham Strawberry Fruit Cup 100% Juice Whole Grain Toast	Pancakes Bacon Applesauce 100% Juice	Chipped Beef Gravy Fresh Pineapple 100% Juice Biscuit	Waffles Sausage Patty Banana Half 100% Juice	English Muffin Breakfast Sandwich Hash Browns Peaches 100% Juice	Hot Cereal Egg of Choice Fresh Blueberries 100% Juice Whole Grain Toast
L U N C H	Chicken Cordon Bleu <i>or</i> Roast Beef with Horseradish Gravy Classic Mashed Potatoes Capri Blend Baked Roll Lemon Bar	Mandarin Chicken <i>or</i> Sweet and Sour Shrimp Fried Rice Oriental Blend Baked Roll Orange Creamsicle Bar	Traditional Lasagna <i>or</i> Chicken Alfredo Pasta Italian Seasoned Green Beans Garlic Bread Key Lime Pie	Marinated Pork Roast <i>or</i> Crunchy Onion Chicken Scalloped Potatoes Creamed Spinach Baked Roll Cheesecake	Green Salad Baked Chicken Thigh with Chicken Gravy <i>or</i> Beef and Noodles Parsley Noodles Seasoned Peas Brown Sugar Peach Cake	Classic Meatloaf <i>or</i> Baked Parmesan Fish Garlic Herb Mashed Potatoes Bacon Brussels Sprouts Baked Roll Fruit Crisp	Green Salad Crispy Chicken Strips <i>or</i> Swedish Meatballs Basmati Rice Fresh Cooked Zucchini Yellow Cake
D I N N E R	Vegetable Barley Soup Ham Salad on Rolls Mixed Vegetables Chocolate Vanilla Pudding Dessert	Roast Beef Sandwich Tater Tots Glazed Carrots Tapioca Pudding	Beef Rice Soup Monterrey Ham Hoagie Potato Chips Lettuce Tomato Plate Oatmeal Raisin Cookie	BBQ Sloppy Joe on a Bun Macaroni and Cheese California Blend Jello Cup	Broccoli Cheese Soup Sausage and Peppers Creamy Cucumber Salad Butterscotch Cream Pie	Hot Turkey Sandwich and Gravy French Fries Classic Lima Beans Angel Food Cake	Garden Tomato Soup Grilled Cheese with Bacon Coleslaw Classic Rice Krispies Treat
Milk offered at every meal							Week 3

Dietitian's Signature:

Prima Sign 4-21-2025
6/10/26