



	Sun 09-21-2025	Mon 09-22-2025	Tue 09-23-2025	Wed 09-24-2025	Thu 09-25-2025	Fri 09-26-2025	Sat 09-27-2025
B R E A K F A S T	Pancakes Bacon Pears 100% Juice	Cheesy Scrambled Eggs Sausage Link Fresh Pineapple 100% Juice Whole Grain Toast	Hot Cereal Breakfast Ham Orange Slices 100% Juice Whole Grain Toast	Western Breakfast Sandwich Hash Browns Strawberries 100% Juice	French Toast Sausage Link Applesauce 100% Juice	Sausage Country Gravy and Biscuits Banana Half 100% Juice	Bacon and Cheese Omelet Breakfast Potatoes Cantaloupe 100% Juice Whole Grain Toast
L U N C H	Breaded Ranch Pork Chops <i>or</i> Buttermilk Baked Chicken Garlic Mashed Potatoes Honey Glazed Carrots Baked Roll Fudge Brownie	Green Salad Chicken Thigh Bake <i>or</i> Classic Beef Stroganoff Parsley Noodles Harvard Beets Baked Roll Cherry Cobbler	Swiss Cube Steak <i>or</i> Roasted Rosemary Pork Ranch Roasted Potatoes Peas Candy Bar Cake	Green Salad Salisbury Steak and Gravy <i>or</i> Turkey Cutlet with Tarragon Sauce Baked Potato California Blend Assorted Pies	Marinara Chicken Penne Pasta <i>or</i> Beef Patty with Mushroom Gravy Grilled Garlic Parmesan Zucchini Garlic Bread Pudding Tart	Tangy Honey Ham <i>or</i> Cheddar Crusted Fish Roasted Sweet Potatoes Steamed Broccoli Baked Roll Fresh Lemon Bars	Classic Stuffed Peppers <i>or</i> Chicken with Stuffing and Gravy Classic Mashed Potatoes Corn Peach Angel Food Cake
D I N N E R	Mushroom Swiss Burger Baked Sweet Potato Fries Green Beans Sugar Cookie	Split Pea Ham Soup Italian Sub Sandwich Coleslaw Banana Pudding	French Toast and Eggs Peaches Sauteed Peppers and Onions Assorted Donuts	Tomato and Tortellini Soup Chicken Philly Sandwich Grapes Cucumber Dill Salad	Hot Dog and Sauerkraut Potato Salad Baked Beans Ice Cream	Beef and Vegetable Soup Chicken Salad on Bun Apple Slices with Peanut Butter Lettuce Tomato Plate	Baked Potato Soup Chef Salad Crackers Homemade Cookie
	Milk offered at every meal						Week 4

Dietitian's Signature:

Quinn Jager 4-21-2025
6/10/26