



	Sun 09-28-2025	Mon 09-29-2025	Tue 09-30-2025	Wed 10-01-2025	Thu 10-02-2025	Fri 10-03-2025	Sat 10-04-2025
B R E A K F A S T	French Toast Sticks Hash Browns Fresh Fruit 100% Juice	Ham Egg and Cheese Casserole Pineapple Chunks 100% Juice Whole Grain Toast	Egg Mushroom Scramble Hash Browns Apple Slices 100% Juice	Sausage Casserole Breakfast Potatoes Banana Half 100% Juice Whole Grain Toast	Blueberry Pancakes Bacon Orange Slices 100% Juice	Hot Cereal Egg of Choice Grapes 100% Juice	Cinnamon Belgian Waffles Bacon Strawberries 100% Juice
L U N C H	Cheese and Broccoli Stuffed Chicken <i>or</i> Marinated Flank Steak Baked Potato Caesar Salad Baked Roll Oreo Delight	Green Salad Beef Chili Mac <i>or</i> Seasoned Chicken Breast Parsley Rice Corn Fresh Cornbread Pineapple Bread Dessert	Apple Pork Chop <i>or</i> Baked Cod with Dill Sauce Baked Sweet Potato Carrot Green Bean Blend Baked Roll Cherry Pie	Green Salad Crispy Fried Chicken <i>or</i> Beef Kabob Classic Mashed Potatoes Sauteed Summer Squash Peach Crisp	Chicken with Mushroom Gravy <i>or</i> Classic Baked Ham AuGratin Potatoes Brussels Sprouts Baked Roll Chocolate Cupcake	Green Salad Teriyaki Meatballs <i>or</i> Honey Lemon Salmon Coconut Rice Hawaiian Roasted Vegetables Pina Colada Cake	Roasted Turkey Breast <i>or</i> Beef Cabbage Rolls Parsley Potatoes Seasoned Peas Baked Roll Funfetti Cake Bar
D I N N E R	Reuben Sandwich Chips Pickled Beets and Onions Vanilla Pudding	Farmhouse Turkey Barley Soup Classic Tuna Salad Sandwich Pickle Spear Ice Cream	BBQ Beef Sandwich Potato Wedges Watermelon Cucumber Tomato Salad	Fried Egg Sandwich on Bun Fried Potatoes and Onions Orange Slices Sauteed Peppers and Onions Banana Bread	Chicken Corn Soup Egg and Olive Salad Sandwich Lettuce Tomato Plate Sunshine Jello Salad	Ham and Swiss Sandwich Baked Sweet Potato Fries Lima Beans Baked Cinnamon Apples	Deluxe Hamburger Fritos Pickle Spear Ice Cream
Milk offered at every meal							Week 5

Dietitian's Signature:

Quinn Aguiar 4-21-2025
6/10/26