



	Sun 10-12-2025	Mon 10-13-2025	Tue 10-14-2025	Wed 10-15-2025	Thu 10-16-2025	Fri 10-17-2025	Sat 10-18-2025
B R E A K F A S T	Bacon Egg Bites Hash Browns Peaches 100% Juice Whole Grain Toast	Texas French Toast Egg of Choice Rosy Applesauce 100% Juice	Cheesy Scrambled Eggs Bacon Pears 100% Juice Biscuit	Breakfast Sausage Casserole Pineapple Chunks 100% Juice Whole Grain Toast	English Muffin Breakfast Sandwich Mandarin Oranges 100% Juice	Pancakes Sausage Link Banana Half 100% Juice	Ham and Cheese Omelet Cantaloupe 100% Juice Whole Grain Toast
L U N C H	Garlic Ranch Chicken <i>or</i> Oven Pot Roast Parsley Seasoned Potatoes Herb Roasted Vegetables Baked Roll Pumpkin Pie	Green Salad Turkey Medallions with Orange Apricot Glaze <i>or</i> Baked Tilapia with Dijon Dill Sauce Baked Sweet Potato Lemon Buttered Broccoli Baked Roll Apple Cobbler	Spaghetti and Meat Sauce <i>or</i> Chicken Parmesan Crusty Garlic Bread Caesar Salad Banana Split Dessert	Green Salad Salisbury Steak with Brown Sauce <i>or</i> Bacon Brown Sugar Garlic Chicken Herb Mashed Potatoes Baby Carrots Toll House Pie	Roasted Chicken Thigh <i>or</i> Apple Cider Pork Chops Potato Wedges Brussels Sprouts Baked Roll Lemon Meringue Pie	Green Salad Cod Fillet with Lemon Sauce <i>or</i> Swiss Steak Garlic Parmesan Rice Spinach Souffle Baked Roll Cheesecake with Chocolate Sauce	Bacon Ranch Chicken <i>or</i> Ham Steak with Cider Sauce Roasted Sweet Potatoes Chef's Steamed Vegetable Apple Crumb Cake
D I N N E R	Fresh Vegetable Soup Classic Turkey Sandwich Lettuce Tomato Plate M&M Cookie	Hot Meatloaf Sandwich French Fries Tomato Cucumber Salad Homemade Cookie	Navy Bean Soup Ham and Swiss Slider Succotash Grapenut Custard	Tuna Melt on Rye Onion Rings Citrus Fruit Salad Peas	Chicken Noodle Soup Hot Dog Pickle Chips Ice Cream	Pepperoni Pizza Light Caesar Salad Fruited Jello Salad	Cream of Tomato Soup Grilled Cheese Sandwich Green Beans Pumpkin Bread
Milk offered at every meal							Week 1

Dietitian's Signature:

Quinn Aguiar 4-21-2025
6/10/26