

Heritage Happenings

A Newsletter for Residents, their Families, & In-Home Care Clients
4th Quarter, 2025



Heritage Fall Festival

Residents, Staff, and Volunteers, as well as their respective families are all invited to our annual Heritage Fall Festival!

This year's event will be held on:

Saturday, October 18th
1:30 - 3:00 p.m.

There will be a variety of fall crafts and activities. Children are encouraged to dress in costume and bring a Trick-or-Treat Bag for collecting candy.

Candy Donations Requested

If you are able to donate wrapped candy for our residents to give to children that evening, please drop off your donation by October 10th. Donations can be dropped off at the Front Desk or in Ronda's office on the Lower Level.

Promotion Announced



Karen Vosburg joined our Dietary Team last October 2024. She has done an exceptional job, always with a smile on her face!

She was recently promoted to Assistant Dietary Manager. The next time you see Karen's smiling face in the Dining Room, please congratulate her on her promotion!

COMING SOON: Fall & Winter Menus

Heritage residents have been enjoying locally grown fresh fruit and vegetables all summer long. With the growing season coming to an end, so must our delicious Spring & Summer Menus.

The new Fall & Winter Menus will be rolled out on Sunday, October 12th. We can hardly wait to see what delicious new items have been added, and which favorites remain!

Traditional Worship Services

Residents and families are invited to attend the following worship services, in the Gathering Room, at 2 p.m., on these Sundays:

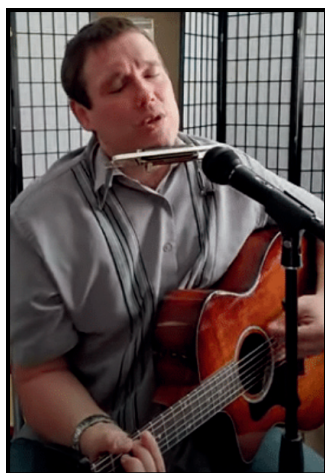
October 19th Pastor Jason Barthlow

November 16th Pastor David Rawley

December 21st Pastor Mark Ruzicka

Sunday School EVERY SUNDAY
10 a.m. in the Gathering Room

Robert Twine Music



Enjoy the music
creations of the
very talented
Robert Twine.

WEDNESDAY
October 15th
6:45 - 7:45 p.m.
Gathering Room

All are Welcome!

Friendsgiving

Heritage residents have been invited back again this year for Guiding Hands Preschool's annual Friendsgiving, on Thursday, November 20th. They may attend either the morning or afternoon sessions. **Be sure to sign up when the Sign-Up sheets are posted!**

SAVE THE DATE: Christmas Open House

**Open to Residents, Staff, Volunteers,
AND their Families!**

If you moved to Heritage in 2025, you may not know that we go all out for ALL of our annual Family Holiday Events: Easter, Heritage Fall Festival, and our Christmas Open House!

You will want to go ahead and put it on your calendar - so that you don't miss all of the fun, food, and festivities that will occur! This event is multi-generational and for the entire family, ages 0 - 103!

Santa will be here for photographs!
Light refreshments will be served



Follow Us on Facebook to See:
Activities & Events AND/OR

Write a Facebook Review at:
Heritage Retirement Community



Post GOOGLE Reviews at:
Heritage Hills Retirement Home
and / or
Heritage In Home Care Services

September Lunch & Learn

Heritage hosted our 4th seminar, from our 2025 Lunch & Learn Series, on September 17th with 21 guests attending. Dr. Marissa Rhodes, our own Physical Therapist, from Fox



Rehabilitation, was the speaker, presenting **"The Slippery Slope of Aging"**. Dr. Rhodes tested each person's strength as she had us compare our numbers to the Age & Strength Chart.



Don, one of our resident's brother-in-law, excelled at every exercise proving regular exercise can keep us strong as we age!

2026 Lunch & Learn Series

Schedule Available in November

The luncheon is free and open to the public, however, registration is required to allow our Set-Up Crew and Dietary Staff to prepare adequately.

THANK YOU Grand Point Church!

A special thank you to the Greencastle campus of Grand Point Church, for once again choosing Heritage Retirement Community as one of the places their church members volunteered for their annual Serve Day!

Their volunteers split into teams that morning. Some landscaped, others visited with residents, some played games with residents; still others hosted Bingo.

One of their volunteers played the piano in the Gathering Room for everyone socializing there for the morning.



Resident Audrey thoroughly enjoyed their youngest volunteer who was accompanied by her mother!



Two adorable volunteers read and played cards with residents Emory & Nellie, and Grace.

RESIDENT BIRTHDAYS

When you see these residents on their birthday
please wish them a **HAPPY BIRTHDAY!**

OCTOBER

5 Evelyn Thompson
21 Grace Crouse

NOVEMBER

7 Beatrice Morley
7 Audrey Smith
12 Max Robinson
20 Kathey Carbaugh
24 Nellie Stahl

DECEMBER

6 Brenda Hoover
7 Delores Mills
7 Howard Zody
11 Carol McCullough
18 Arthur Fulton
20 Gerald Heisey

Memories from our Sunflower Tours



Over 20 Heritage residents enjoyed an outing to **Leshor's Sunflower Fields**, in Chambersburg, in September!

We're always looking for new and exciting Field Trips. If you have ideas or suggestions for other Field Trips for our residents, contact:

Ronda, Activities Director
(717) 593-0334, Ext. 2002
Activities@HeritageInHome.com



Heritage In-Home Care Services

In 2006, Heritage In-Home Care Services opened to provide assistance in the privacy of client's homes, for folks who were on the Waiting List, and/or when support was needed but there was not an immediate need to move to Heritage.

If you know of someone who would benefit from In-Home Care services, we would be honored if you would tell them about Heritage In-Home Care.

**Seeking Help is an Act of Love,
NOT a Sign of Giving Up!**



Non-Medical Home Care

Compassionate support for independent living

CALL: (717) 593-0242

HeritageOfGreencastle.com



Personal Care

Bathing, dressing, grooming, and hygiene assistance



Housekeeping

Light cleaning, laundry, and meal preparation



Transportation

Appointments, errands and social activities



Medication Reminders

Gentle reminders for medication schedules



Companionship

Social engagement and emotional support



Safety Support

Supervision and mobility assistance

Preserving Independence at Home

*Quality care that enhances life while maintaining dignity
and comfort in familiar surroundings*

WORD SEARCH: 1950's Songs

Find and circle all of the 1950s song titles that are hidden in the grid.
The remaining letters spell the title of an additional 1950s song.

R A V E O N I A R T Y R E T S Y M L I
D Y T S I M H O N K Y T O N K L E O L
O G N A J D A N I H C R A E S T N N E
N V L O N E L Y T E A R D R O P S L Y
N B E E Y R M M B T L S Q H G E H Y E
A L T F O A O D A E M B K E J U O Y L
S U O T I V D K N R L A M A I I U O D
N E O N E N E Y A E E L I U T Z T U D
O B Y I G F K Y R R S L E T R M U K I
T E T A I T Z E B E H U U N E A A S D
N R T V K A A T H O V R O U E N S H O
E R E E R E R L U T F E S Y S N I O B
E Y E C Q A T S L I K Y F A O I L U A
T H F D E U E Y T S G C S T D S A N B
X I H H H R I T Y G A C A I E H N D M
I L S W O O U L E A I L O M E B O D A
S L R C L T T P A T K D L A P O M O B
L I K E V O L E Y B E Y B Y S Y V G A
R I P I T U P E N I G H T T R A I N L

BLUEBERRY HILL

BO DIDDLEY

BYE BYE LOVE

CRAZY ARMS

DJANGO

DONNA

EVERYDAY

FEVER

HEARTBREAK HOTEL

HONKY TONK

HOUND DOG

JAILHOUSE ROCK

KANSAS CITY

LA BAMBA

LONELY TEARDROPS

LONG TALL SALLY

MACK THE KNIFE

MANNISH BOY

MAYBELLENE

MISTY

MONA LISA

MOVE IT

MYSTERY TRAIN

NIGHT TRAIN

ONLY YOU

PEGGY SUE

RAVE ON

RED HOT

RIP IT UP

RUMBLE

SEARCHIN'

SHOUT

SIXTEEN TONS

SPEEDO

SUZIE Q

TAKE FIVE

TEQUILA

TUTTI FRUTTI

YAKETY YAK

YOU SEND ME